

Monday 29th March 2021

Dear Parent/Carer

RE: Year 7 Kayaking at Laburnum Boat Club

The PE department has exciting news for our Year 7 students. We realise that Covid has affected the choice of sports we have been able to offer to the students this academic year, and so we are happy to announce that as part of the Year 7 PE curriculum at Hackney New School, your child will be participating in a six-week kayaking course being held at Laburnum Boat Club during their PE lessons, starting from Thursday 22nd April 2021.

The course will consist of six one and a half hour sessions, which will aim to develop basic paddling skills, teamwork, and water-confidence. Laburnum Boat Club staff, who are British Canoeing qualified instructors and are very experienced, will run the sessions. All equipment (including bouncy-aids and splash-proof jackets) will be provided. The bouncy aids will be worn by the children for the entire session.

Pupils will wear their HNS PE kit during the session. However, as part of the activities your child will, at some point, get wet, and so will need to bring a full change of clothes every week, please make sure they have in their bags:

- **Full school uniform**
- **Spare underwear and socks**
- **A towel**
- **A sun hat and sun cream or woolly hat (depending on the weather)**
- **Plastic bag to carry wet clothes home**
- **Spare mask (in case it gets wet)**

To ensure Covid safety, Laburnum staff will be wearing face coverings on land, visors on the water and are following social distancing guidelines, and all equipment and the changing facilities will be cleaned with disinfectant after use.

If you have any queries about this exciting opportunity, please do not hesitate to email me at juliadouglas@hackneynewschoolcst.org.

Yours sincerely,

Julia Douglas

Head of PE

