

OLIVE @ HNS

WEEK 2



WHATS IN SEASON...

MON

TUES

WED

THURS

FRI

MAIN

Spicy Vegetable & Spinach Burrito
(CE, G)

Jacket Potato with a Selection of Toppings

Hot Cajun Chicken & Mixed Pepper Wrap
(CE, G, MU)

Jacket Potato with a Selection of Toppings

Beef Burger with French Fries
(G, SO)

VEGGIE

Tomato & Basil Pasta Gratin
(CE, G, MK)

Black Bean Vegetable Stir Fry with Steamed Rice
(G, SO)

Veggie Chilli with Seasoned Wedges
(CE, G)

Veg Mac & Cheese
(CE, G)

Quorn Hot Dog with French Fries
(E, G)

COOK STATION

Creamy Mushroom Pasta
(G, MK)

Sweet & Sour Chicken with Steamed Rice
(G, SO)

Chilli Con Carne with Seasoned Wedges
(CE, G)

Fish & Chips
(G, F, E)

BBQ Jerk Chicken & Wedges
(E, F, G)

PUD

Shortbread
(G)

Fruit Pot

Chocolate Chip Muffin
(E, G, MK)

Granola Pot
(G, MK)

Fruity Flapjack
(G)

COLD SELECTION: BAGUETTES · SANDWICHES · SALAD BOXES · FRESH FRUIT · YOGURT POTS

ALLERGENS KEY

CE - CELERY
CR - CRUSTACEAN
E - EGGS

F - FISH
G - CEREALS CONTAINING GLUTEN
L - LUPIN

MK - MILK
MO - MOLLUSCS
MU - MUSTARD

N - NUTS
P - PEANUTS
SE - SESAME SEEDS

SO - SOYA
SU - SULPHUR DIOXIDE

Go Vegan

